

Foundations in Nursing I

Course: Nursing 212

Credit Hours: 6 semester hours
3 hours lecture - 6 hours laboratory

PRE-REQUISITES: Acceptance to clinical nursing courses, First Aid and CPR Provider C certifications

CO-REQUISITES: Zoology 252, Nursing 221, & Nursing 201

COURSE DESCRIPTION:

Foundations in Nursing I (NUR212) is a beginning course in nursing designed to introduce the student to basic concepts, principles, and skills necessary for building effective nursing practice. Person is presented as an individual with basic needs, emphasizing physiologic needs, in a dynamic stage of growth and development with normal lines of defense and lines of resistance. The student is introduced to the use of the nursing process in primary and secondary interventions to assist the client in dealing with intrapersonal stressors that effect these lines of defense and resistance. Critical thinking is encouraged in the use of nursing interventions such as personal hygiene, vital signs, and that necessary to help the client meet safety needs.

COURSE OBJECTIVES:

Upon successful completion of Foundations in Nursing I (NUR 212) the student is expected to competently:

1. Apply knowledge from the physical and behavioral sciences and the humanities in making nursing decisions.
2. Explain the steps of the nursing process.
3. Use critical thinking with the nursing process.
4. Demonstrate beginning skills of assessment of the client/client system which include identifying intrapersonal stressors, lines of resistance, normal lines of defense, and the five variables (NSM) at varying stages of growth and development.
5. Explain how data collected is analyzed for its applicability to client care.
6. Formulate nursing diagnoses from interpretation of data collected.
7. Construct a plan of care to assist the client in attaining or maintaining an optimal state of energy
8. Demonstrate beginning psychomotor skills for the implementation of nursing care to include sterile technique, medication administration, and catheterization.
9. Propose primary and secondary nursing interventions to assist the client in dealing with intrapersonal stressors that affect his/her normal lines of defense and lines of resistance.
10. Discuss how evaluation is used to determine the effectiveness of nursing interventions in managing the intrapersonal stressors of the client.
11. Apply principles of nutrition to clients with various medical conditions.
12. Demonstrate professional demeanor and responsibility in communications and interactions with clients, peers, faculty, and other professionals.
13. Apply principles learned to clients in all stages of growth and development.