

Concepts and Theories in Nursing

COURSE: Nursing 221

CREDIT HOURS: 2 semester hours

PRE-REQUISITES: Acceptance to nursing program or instructor's approval

CO-REQUISITES: Zoology 252, Foundations in Nursing I, Pharmacology I

COURSE DESCRIPTION:

N 221 Concepts and Theories in Nursing focuses on concepts and theories of professional nursing practice as the basis for planning, implementing, and evaluating health care. N 221 assists the student to use critical thinking in the study of historical and professional aspects of nursing, legal and ethical concerns, communication techniques, the nurse-client relationship, research in nursing, human behaviors related to self-concept and sexuality, the client as a system, and the Neuman Systems Model as a theoretical framework for nursing practice.

COURSE OBJECTIVES:

Upon completion of Concepts and Theories in Nursing, the student is expected to competently:

1. Discuss the development of nursing throughout history to present time and the current role of contemporary nursing in the health-care system.
2. Discuss professional aspects of nursing in assisting the client to maintain and attain an optimal state of energy.
3. Discuss legal and ethical concerns and accountability of professional nursing practice.
4. Discuss the influence of psychosociocultural stressors on the client's health, behavior, and normal lines of defense.
5. Identify and demonstrate use of therapeutic communication techniques.
6. Explain how effective communication is used to assist a client to maintain and attain an optimal state of energy.
7. Discuss teaching/learning theories as they apply to the client.
8. Identify the role of nursing research to assist the client to maintain and attain an optimal state of energy.
9. Discuss self-concept in the application of the nursing process to assist the client to maintain and attain an optimal state of energy.
10. Use critical thinking in applying theories and concepts in nursing to assist the client to maintain and attain an optimal state of energy.
11. Explain how the Neuman Systems Model is utilized in professional nursing practice.
12. Explain the client/client system's status on his or her wellness-illness continuum.

