

Mental Health Nursing

Course: Nursing 341

Credit Hours: 6 semester hours: 3 hours lecture, 6 hours laboratory

Pre-requisites: Successful completion of N 221, N 231, N 241, N 201, & N 202

Co-requisite: N 321

Course Overview:

Nursing 341, Mental Health Nursing, emphasizes concepts and principles necessary to understand client/client systems they evolve through life experiences, utilizing the nursing process to assist them to meet their mental health needs.

Course Objectives:

Upon successful completion of the course the student is expected to:

1. develop and maintain nurse-client interactions and relationships
2. utilize therapeutic communications to facilitate changes in an individual's behavior and health status
3. apply current knowledge of mental health concepts, theories, and interventions to formulate, implement, and evaluate outcome criteria for individuals, families and groups with intrapersonal, interpersonal, and extrapersonal stressors
4. utilize the nursing process to facilitate client's positive adaptation along the wellness-illness continuum, with emphasis on role relationships, positive self-perception, self-concept, and coping patterns
5. utilize the nursing process to identify and assist the individual in crisis
6. function as a member of the health care team in various clinical settings to provide nursing care to individuals, families and groups with actual and potential dysfunctional behavioral patterns
7. demonstrate personal and professional growth by communicating pertinent information and rationale for clinical practice and decisions based on knowledge of current research and practice modalities in mental health nursing
8. demonstrate professional accountability by maintaining client/client system confidentiality