Acute and Chronic Health Care Nursing II

**COURSE:** Nursing 331

**CREDIT HOURS:** 7 semester hours

**PREREQUISITES:** Nursing 321 and 341

**CO-REQUISITES:** Nursing 362

**COURSE DESCRIPTION:**
Nursing 331 Acute and Chronic Health Care Nursing II emphasizes use of the nursing process in care of client/client systems with acute and chronic health problems. The course discusses: (1) the interactions of the client’s physiological, psychological, socio-cultural, developmental and spiritual variables; (2) the primary, secondary and/or tertiary interventions utilized to assist the client in coping with stressors; (3) the modes used to strengthen the lines of defense and resistance; (4) the priorities according to client’s basic needs and energy state; and (5) the scientific principles and rationale of health care regime used to assist the client in retaining, attaining and maintaining an optimum level of health on the wellness-illness continuum while living with chronic health problem(s).

**COURSE OBJECTIVES:**
Upon successful completion of N331, the student should be able to:

1. Identify physiological, psychological, socio-cultural and spiritual variables and stressors that affect the client’s position on the wellness-illness continuum by comparing the client’s status with typical textbook clinical characteristics for alterations/disorders present.
2. Formulate nursing diagnoses according to priorities for client’s optimal level of health.
3. Develop individualized plan of care in cooperation with client/client system to attain, retain and maintain optimal health.
4. Implement holistic nursing actions according to priorities, knowledge of individual/family, and expenditure of energy, scientific principles and rationales in order to retain, attain and maintain an optimal level of health for the client.
5. Modify nursing interventions according to changes in client’s health status based on scientific principles/rationale, priorities, and health care regime in order to obtain client stability.

6. Initiate education/reeducation with mode of instruction based on knowledge of client’s physiological, psychological, sociocultural & spiritual variables, stressors, available resources & health care regime.
7. Utilize therapeutic communication skills in relationship with clients.
8. Demonstrate accountability and assume responsibility for personal actions and for optimal, safe individual and family nursing care.
9. Utilize research findings associated with actual or potential chronic health problems.
10. Discuss the philosophy, role of the nurse, legal and ethical issues, and practice settings related to chronic health problems.
11. Discuss historical, political, social, economical, and technological components of chronic health nursing.